

What Do Anesthesiologists Do?

Overall, an anesthesiologist, also known as an anesthetist, is responsible

for administering one of 3 different types of anesthesia to patients undergoing specific procedures that require numbing. It is critical to note that an anesthesiologist doesn't merely assess the safety of anesthesia before, during, and after surgery, but also assesses the combined risk of anesthesia and the planned operation.

Types of anesthesia

Regional anesthetic

Regional anesthetic numbs a specific portion of the body. Cesarean sections are done with a regional anesthetic.

Local anesthetic

A local anesthetic blocks sensations in small areas similar to having your gum and jaw numbed if you need a cavity filled.

General anesthetic

A general anesthetic renders the patient unconscious.

An anesthesiologist in an operating room administers the anesthetic and is responsible for the ongoing, and overall well being of the patient throughout the operation. For example, after putting a patient to sleep, the anesthetist correctly positions the patient for the operation. Proper positioning provides the best visualization of, and access to, the surgical site while minimizing any physiological challenges to the patient.



An anesthesiologist must also monitor the patient throughout a surgical procedure. Monitoring tasks require the continual evaluation of the patient's oxygenation, ventilation, circulation, and temperature throughout the procedure. If any of these falls outside acceptable ranges, an anesthesiologist must notify members of the surgical team immediately so appropriate intervention can be taken.

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